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St Andrews

Get Outside



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Every week we'll be encouraging you to notice features of the landscape in an artwork using Exhibit, a tool which provides an engaging and interactive experience similar to what you would have with the original piece.

If you have not already, look at 'Falmore' by Barbara Rae featured on Exhibit before going on your walk. Links can be found on our event page and social media.

Headspace - Barbara Rae, 'Falmore'

Headspace helps you to take a break from your revision, and encourages you to look closely and mindfully at a work of art.

Museum Learning (©Barbara Rae CBE RA)

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The painting depicts Falmore beach.
Are you able to find a body of water?
A beach, a canal, a pond, a puddle, or
water droplets trickling from leaves.

Once you have found water, what can
you hear?
Can you hear the seagulls at the beach,
the crash of the water, the wind
blowing through the trees?



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If you were to paint a still life of the image in front of you, what colours would you use?



What is the weather like around you?
Is it cold and stormy, or can you feel the weather shift around you?



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Now look out on the horizon. What can you see?
Does what you can see have a different feeling and colours from your body of water you were looking at before?

What can you taste?
The sea salt in the air, the morning air, damp trees in the forest?



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How do you feel about where you standing?
Are you familiar with the area you are in, do you feel at peace?

Have a look at the scene that is in front of you.
Is there anything that seems out of place?
Can you envision the scene that is behind you?



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